

[Primary Text: Genesis 32:22-32]

PRAY

Pause. Acknowledge that you are about to open God's word.

- Ask the Holy Spirit to illuminate His word.

WARM-UP (10 mins)

Prepare our minds to receive God's word.

- LG Foundations (on back page): What did you learn from the foundations course for last week (topic: "Lordship of Christ")?
- When reflecting on the message this past Sunday, what most resonated with you?

ILLUMINATE (40 mins)

Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.

- Let's read through chapter 32:22-32 together to refresh our memories.
- When we find Jacob in chapter 32, what is going on? What events are surrounding him?
- Verse 22 talks about Jacob's large family; let's talk about the Jacob family tree. Who was sent across the ford and why does it matter? Why only 11 kids and not 12?
- Who did Jacob actually wrestle? A man, God, an angel? To guide us, let's read Hosea 12:3-4.
- What was the purpose of God wrestling with Jacob? What were the outcomes of this event?
- Are there other examples in the Bible that you can recall where God uses humility to heal?
- All of the Bible moves toward/points to Jesus. How does this story propel us to Jesus?
- Gospel Conversation: How has God given you a new name? What is it? Explain.

PRAY

Use this time to pray specifically. What does tonight's conversation lead you to pray for?

LG Foundations | Study to show thyself approved, rightly dividing the word of truth. – 2 Timothy 2:15

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

Topic 16: Faith

{ What is the importance of faith? What does faith in Christ accomplish?
How does the Bible explain faith? }

GUIDE:

Hebrews 11:6 –

Ephesians 6:16 –

1 John 5:4 –

Romans 4:20-21 –

Now that you have been reminded of what God's word says, try answering the topic question again with the paper flipped over. Try to include at least one Bible reference. Repeat this process as if you are teaching someone else. Practice teaching it to a friend or family member.