

[Primary Text: Matthew 6:1-15, Ephesians 6:10-18]

PRAY

Pause. Acknowledge that you are about to open God's word.

- Ask the Holy Spirit to illuminate His word.

WARM-UP (10 mins)

Prepare our minds to receive God's word.

- LG Foundations (on back page): What did you learn from our last foundations training (topic: "The Will of God")?
- When reflecting on the message this past Sunday, what most resonated with you?

ILLUMINATE (40 mins)

Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.

- Let's read through Matthew 6:1-15 and Ephesians 6:10-18 together to refresh our memories.
- Why does the Lord's prayer read, "lead us not into temptation?" Does God lead us into temptation? How does the Bible help us explain this verse? Any other helpful translations? [Matthew 26:41]
- Ephesians 6 says that our battle is not of flesh but is much more than flesh. What does the Bible name as our adversaries? How does Christ affect these supernatural powers? [Col. 2:15]
- Since our enemy is supernatural, how does the Bible instruct us to defend ourselves? Name and describe each of these. Are they offensive or defensive?
- If you have grown up in the church, you may have learned this text through a song or cartoon. Because of this, this text may seem elementary. Why must we not think like this? Does Paul indicate that this is a distant reality?
- We have talked a lot about Jesus' alignment with the Father in the Lord's Prayer. In your life, when making decisions, have you considered how your decisions align with God and His Word? Does "your will be done" surface in your mind? Why or why not?
- How has the study of this prayer shaped your prayer life? Do you feel like your prayers align with Jesus' example? How can you align your prayer life?

PRAY

Use this time to pray specifically. What does tonight's conversation lead you to pray for?

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

Topic 21: Obedience

{ What is biblical obedience? Is the Bible just a book of rules and regulations that make you more holy? Why is this important? }

GUIDE:

- John 14:21 –
- Job 17:9 –
- John 15:10,14 –
- 1 Samuel 15:22 –
- Psalms 119:59-60 –
- James 4:17 –
- John 14:23 –

Now that you have been reminded of what God's word says, try answering the topic question again with the paper flipped over. Try to include at least one Bible reference. Repeat this process as if you are teaching someone else. Practice teaching it to a friend or family member.