

## [Primary Text: Ephesians 6:18-20, John 17:20-26]

### PRAY

**Pause. Acknowledge that you are about to open God's word.**

- Ask the Holy Spirit to illuminate His word.

### WARM-UP (10 mins)

**Prepare our minds to receive God's word.**

- LG Foundations (on back page): What did you learn from our last foundations training (topic: "Obedience")?
- When reflecting on the message this past Sunday, what most resonated with you?

### ILLUMINATE (40 mins)

**Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.**

- Let's read through Ephesians 6:18-20 and John 17:20-26 together to refresh our memories.
- As a Christian, what is the main weapon against spiritual warfare? When/how do you use it?
- What does it mean to pray without ceasing? Does this verse just set us up for failure? What does this look like in a life of Christian?
- What does it mean to pray "in the Spirit?" Where is the desire to pray birthed? How do our prayers make it to God?
- Jesus himself made supplications for the saints. In John 17:20-26, Jesus shifts his prayers from those who believe to those who will believe. A mark of a true Christian is one who prays for others and prays for future believers, is this something you consider when beginning to pray?
- Have you ever considered a life without the option of prayer...no option for personal relationship with God whatsoever? Many world religions operate this way. How does prayer deepen your gratitude for Christ's work on the cross?
- At times, you may be called on to pray publicly. How does the Lord's Prayer help you with this?
- The Bible should cultivate joy and satisfaction in your life. How do these passages fan into flame your joy for the Lord?

### PRAY

**Use this time to pray specifically. What does tonight's conversation lead you to pray for?**

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

## Topic 22: The Holy Spirit

{ What is the Holy Spirit? Who is the Holy Spirit? The Bible talks about the Holy Spirit, but how do I wrap my mind around this mysterious being? }

**GUIDE** (write key words and thoughts for each of these passages):

- John 14:16-17 –
- Romans 8:26 –
- John 16:7-8 –
- Galatians 5:22-23 –
- Ephesians 5:18 –
- Romans 8:5-6 –
- Romans 12:3-8 –
- 1 Corinthians 12:13-14 –
- Zechariah 4:6 –
- Romans 8:16-17 –
- John 16:13-15 –
- John 15:26-27 –