

## [Primary Text: Genesis 37]

### PRAY

**Pause. Acknowledge that you are about to open God's word.**

- Ask the Holy Spirit to illuminate His word.

### WARM-UP (10 mins)

**Prepare our minds to receive God's word.**

- LG Foundations (on back page): What did you learn from the foundations course for last week (topic: "Love")?
- When reflecting on the message this past Sunday, what most resonated with you?

### ILLUMINATE (40 mins)

**Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.**

- Let's read through chapter 37 together to refresh our memories.
- The narrative within Genesis has now shifted to Joseph. As a group, let's walk through the family tree of Abraham to review how we arrived here.
- As we step back and look at this family tree, what women were barren, if even for a period of time? How did God work through barrenness? What can we learn from this?
- When we begin to learn about Joseph in this chapter, how old is he? Why is he surrounded by negativity?
- Discuss the plan of the brothers to eliminate Joseph. Who was Joseph's advocate? How did the plan develop and what was the outcome?
- Jacob was deceived by his sons. Does this story sound familiar? Discuss the irony between what is happening to Jacob and what Jacob did to his Father, Isaac.
- What was Jacob's response to what happened with Joseph? Why the sackcloth (v.34)?
- How does this story propel us towards Jesus?

### PRAY

**Use this time to pray specifically. What does tonight's conversation lead you to pray for?**

# LGFoundations | Study to show thyself approved, rightly dividing the word of truth. – 2 Timothy 2:15

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

## Topic 18: The Tongue

{ Why is control over the tongue important? Are our words really that important? }  
{ What does the Bible say? }

### GUIDE:

Ephesians 4:29 –

Proverbs 26:20 –

Proverbs 18:6-7 –

Psalms 71:15 –

Colossians 4:6 –

James 1:26 –

James 3:1-12 –

Now that you have been reminded of what God's word says, try answering the topic question again with the paper flipped over. Try to include at least one Bible reference. Repeat this process as if you are teaching someone else. Practice teaching it to a friend or family member.