

# LG | Guide

[Primary Text: Hebrews 12:1-11]

## PRAY

**Pause. Acknowledge that you are about to open God's word.**

- Ask the Holy Spirit to illuminate His word.

## WARM-UP (10 mins)

**Prepare our minds to receive God's word.**

- When reflecting on the message this past Sunday, what most resonated with you?
- What would you say was the most important thing the church as a whole could take away from Sunday's message?

## ILLUMINATE (40 mins)

**Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.**

- Let's read together our primary text. What major themes do you see here?
- Who are those who make up "the great cloud of witnesses"? What do you think they would be saying to us today?
- What does it mean when scripture tells us in verse 1 to "lay aside every weight"? What do think those weights are for us?
- The author provides us with the imagery of a race that is set before us. What are the key elements to enduring this race? How does the looking to Jesus actually help us?
- Verses 3-11 address the discipline of God. What do you think it is speaking about when using the term discipline?
- Verses 5b and 6 are indented. Where does this text come from? What is the context?
- If you are disciplined by God, what conclusions can you draw about yourself based on the explanation of discipline in this text?
- How does this passage bring you joy?

## PRAY

**Use this time to pray specifically. What does tonight's conversation lead you to pray for?**