

LG | Group

[Ephesians 4:31-32]

WARM-UP (10 mins)

God's word is like oxygen to our souls. We desperately need it. Take a moment to pray for spiritual awakening in these next moments as we encounter His word.

- After hearing the sermon from Sunday, what most resonated with you? What were the takeaways for your family as a whole?
- In light of Sunday's message, have you resolved to make any life changes?

ILLUMINATE (40 mins)

Open your Bibles to the primary text.

1. Read chapter 4. Let's gain some context for this passage. Who is the author and who is the audience? What genre of literature is this? Who recalls the theme and purpose of Ephesians?
2. Paul makes a significant shift in chapter 4. What did he focus on in chapters 1-3 and what is he directing his attention to now?
3. Looking at verse 31, why do you think bitterness is listed first among these sins?
4. Paul calls us to put away bitterness, wrath, anger, clamor, slander and malice. How does the Bible teach us to put these things away?
5. In chapter 5:1-2, Paul synthesizes chapter 4 and expresses what he desires for the Ephesians. What two action items does he give us? [Look for verbs and similes]
6. Many of the sins listed in this text are manifested through the tongue. What does the Bible say about the tongue? What warnings does it provide for us? Let's recall these passages together.
7. In light of this text, how is your attitude? If you are fully transparent with yourself and others, what needs to change in your life? Would others describe you as tenderhearted?

PRAY

Use this time to pray specifically. Pray for the needs of others; locally and abroad.