

LG | Group

[Ephesians 4:17-32]

WARM-UP (10 mins)

It is likely that everyone present had a very busy day, maybe even a trying day. Let's take a moment to still our minds and go to the Lord in prayer.

- After hearing the sermon from Sunday, what most resonated with you? What were the takeaways for your family as a whole?
- In light of Sunday's message, have you resolved to make any life changes?

ILLUMINATE (40 mins)

Open your Bibles to the primary text.

1. Read Ephesians 4:17-30. Let's first gain some context for this passage. Who is the author and who is the audience? What genre of literature is this? Who recalls the theme and purpose of Ephesians?
[Let's take a moment to find these answers]
2. Given that verse 25 begins with "therefore," let's re-read verses 17-24. What is the therefore, there for?
3. How would you describe the "old self" and the "new self" in this passage? How would you describe your "old self" and "new self"?
4. It seems in verses 17-24 that Paul is emphasizing something. What do you think is the main point of this block of text? Why?
5. How do we practically love God with our mind? What scripture gives evidence to this? What verses do you tend to return to for meditation?
6. According to this text, why is speaking truth to one another so important for us?
7. How would you put this text in your own words? Or how would you explain this text to an adult/young adult/child?

PRAY

Use this time to pray specifically. Pray for the needs of others; locally and abroad.