

# LG | Guide

[Psalm 95]

## WARM-UP (10 mins)

Let's take a moment to still our minds and go to the Lord in prayer.

- What was the best part of your summer?!
- In your time with the Lord, what is He teaching you?
- When you reflect on Sunday's sermon, what impacted you the most? Anything that stirred your affection towards the Lord?

## ILLUMINATE (40 mins)

Open your Bibles to the primary text.

1. Read Psalm 95. What are your initial observations of this text? What does this text say about the Lord?
2. How does this Psalm indicate that our worship is more than an isolated, individual act? What are the physical postures presented in this text?
3. Verse 8 speaks of events at Meribah and Massah in the wilderness? Where do you think Israel is in the storyline of the Bible during these events? What book would you look to begin your research?
4. We oftentimes hear the phrase "hard heart." What does it mean to have a hard heart? Should we view verse 8 as a warning for us today?
5. What is God's rest?
6. If you could capture this Psalm in one sentence, what is it saying to us?

## PRAY (10 mins)

Use this time to pray specifically. Pray for the needs of others; locally and abroad.