

LG | Guide

[Ephesians 4:17-24]

WARM-UP (10 mins)

Let's take a moment to still our minds and go to the Lord in prayer.

- In your time with the Lord, what is He teaching you?
- When you reflect on Sunday's sermon, what impacted you the most? Anything that convicted you personally or stirred your affection towards the Lord?

ILLUMINATE (40 mins)

Open your Bibles to the primary text.

1. Paul begins this passage by giving a pretty intense exhortation? What makes this verse so intense?
2. Why does Paul use the Gentiles as an example for sinfulness here?
3. Paul describes the Gentiles as ignorant, hard-hearted, and callous, rejecting opportunities to respond to the good news of Jesus. What ultimately resulted for these Gentiles who rejected God?
4. Read Romans 1:18-32; Hebrews 10:26-31; Romans 6:23. What happens when we reject God and pursue the desires of the flesh? What is the ultimate end of those who choose to continue this path?
5. What does it mean to "put off your old self" and "put on the new self"?
6. Is the "putting off of your old self" a one-time act?

PRAY (10 mins)

Use this time to pray specifically. Pray for the needs of others; locally and abroad.