

LG | Guide

[Ephesians 6:14-17]

WARM-UP (5 mins)

Let's take a moment to still our minds and go to the Lord in prayer.

- How was your week? How is your walk with the Lord?
- When you reflect on the message from Sunday, what did you learn?

ILLUMINATE (50 mins)

Open your Bibles to the primary text.

1. The armor of God are metaphors for the spiritual resources given to us in Christ. From memory what are each of the resources?
2. Why should this list of spiritual resources be memorized?
3. If we are in Christ, we are "clothed" in His righteousness. How are we then to "put on" the breastplate of righteousness?
4. Is Paul communicating that all this armor is necessary or just some? Is there room to be a "spiritual streaker," just wearing your helmet of salvation and nothing else?!
5. Out of all this armor, where is your weak point? Where are you most exposed spiritually? How can you eliminate this weakness?
6. As Christians, does this armor mean that we are to attack people with it? Are we to attack people with the gospel? What is this armor actually used for?

PRAY (10 mins)

Use this time to pray specifically. Pray for the needs of others; locally and abroad.