A healthy _____ is the key to a

HeartHealthinHardTimes

2 CORINTHIANS



Let's Set the Stage: Background

gladness and grief, are struggling for the mastery. Mingled with severity and tenderness, reproof and praise, command and exhortation, suffering and rejoicing, humiliation and exaltation, are set forth in terms unparalleled in all the literature of the world... Paul's majestic personality stands forth in this epistle,

clearly revealed." —Erdman's Commentary

healthy	
Proverbs 4:23	
1. Your Heart is	
2. Your Heart is	
	Summary Statements About 2 Corinthians:
	"It is an authentic expression of the mind and heart and ministry of Paul." —Interpreter's Bible
3. Your Heart is	"The mixture of human weakness with spiritual strength, of tenderness with severity, of humility with vehement self-vindication, of delicate tack with uncompromising firmness, produces an impression of intense reality, but at the same time bewilders us as to the exact aim of this or that turn of expression."
	—International Critical Commentary
	"This epistle is one of many moodsit presents a conflict of feelings in which gratitude and indignation,

"Nowhere do we gain so clear an insight into Paul's own struggles and hopes as a preacher. It is a handbook for the modern minister of inestimable value. One can heart Paul's heartthrob through these chapters. The sentences are sometimes disconnected. Grammatical agreements are overlooked. But there is power here, the grip of a great soul holding on to the highest ideals in the midst of manifold opposition and discouragements." —A.T. Robertson, Word Pictures in the New Testament

Let's Open the Book

2 Corinthians 1:1-7, 21-22

	2:4 3:2-3 4:1, 16 5:12 6:11	
	7:2 8:16	
Encourageme	ent	
Eases the		 _ of life.
Lifts from the		 of life.
Comforts in the	ne	 of life.

Helps in the _____ of life.

Supports in the _____ of life.

Delivers us from _____ in life.

Keep your heart with all vigilance, for from it flow the springs of life.

—Proverbs 4:23 ESV

Notes:			