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*The builder lifted his old gray head.  
 "Good friend, in the path I have come," he said,  
 "There followeth after me today  
 A youth whose feet must pass this way.  
 This chasm that has been naught to me  
 To that fair-haired youth may a pitfall be.  
 He, too, must cross in the twilight dim;  
 Good friend, I am building the bridge for him."*

—"The Bridge Builder" by Will Allen Dromgoole

<sup>11</sup>Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed. <sup>12</sup>But Moses' hands grew weary, so they took a stone and put it under him, and he sat on it, while Aaron and Hur held up his hands, one on one side, and the other on the other side. So his hands were steady until the going down of the sun.

—Exodus 17:11-12

**How can we L-I-F-T one another?**

**L** \_\_\_\_\_

<sup>4</sup>Love is patient and kind; love does not envy or boast; it is not arrogant <sup>5</sup>or rude. It does not insist on its own way; it is not irritable or resentful; <sup>6</sup>**it does not rejoice at wrongdoing, but rejoices with the truth.** <sup>7</sup>Love bears all things, believes all things, hopes all things, endures all things.

—1 Corinthians 13:4-7

**I** \_\_\_\_\_

**F** \_\_\_\_\_

**T** \_\_\_\_\_

<sup>28</sup>Come to Me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. —Matthew 11:28-29

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