



MEN'S FORUM

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"Anxiety"

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NOTES



SCAN ME

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Anxiety is the official _____ of our age.

1. Examine the _____

What is anxiety? *a feeling of worry, nervousness, apprehension or unease, typically about an imminent event or something with an uncertain outcome.*

"When Life overwhelms us, anxiety stirs within us."

2. Evaluate the _____

3. Explore an _____

¹Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. ²Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." ³Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. ⁴But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O LORD, take away my life, for I am no better than my fathers"...

¹⁰He said, "I have been very jealous for the LORD, the God of hosts. For the people of Israel have forsaken Your covenant, thrown down Your altars, and killed Your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

—1 Kings 19:1-4, 10

Be patient, therefore, brothers, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives the early and the late rains. —James 5:7

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