



Get a Grip 5 Fundamentals for a Better Life

Success _____ builds character;

failure _____ reveals it.

And Joseph's master took him and put him into the prison, the place where the king's prisoners were confined, and he was there in prison.

—Genesis 39:20 ESV

Mistreatment _____

Abandonment _____

Disappointment _____

Q: _____ **Where is God?** _____

Notes _____

"God **whispers** _____ to us in our pleasures,

speaks _____ to us in our conscience, but

shouts in our pains _____." —C.S. Lewis

Failure is a great **"inescapable"** _____ and

"unavoidable" _____ in life.

"The difference in average and achieving people is their perception and response to failure."

—John Maxwell, *Failing Forward*

Lessons on Failure

• Most think failure is **avoidable** _____;

it is not _____.

• Most think failure is

objective _____;

it is not _____.

• Most think failure is an **enemy** _____;

it is not _____.

• Most think failure is a **stigma** _____;

it is not _____.

• Most think failure is **final** _____;

it is not _____.

"Success is the ability to go from failure to failure without losing your enthusiasm.

—Sir Winston Churchill

Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.

—1 Corinthians 15:58 ESV



"Get a Grip" Fundamentals

- 1) In the place of resistance, choose resilience.
- 2) In the place of indulgence, choose prudence.
- 3) In the place of failure, choose surrender.

Notes _____

Pride is essentially an inflated
or exaggerated sense of my
own importance.

Pride stunts my growth.

Do you see a man who is wise in his own eyes? There is more hope for a fool than for him.
—Proverbs 26:12 ESV

"The most important thing in life is not to capitalize on our gains. Any fool can do that. The really important thing is to profit from our losses. That requires intelligence, and makes the difference between a man of sense and a fool." —William Bolitho

Pride poisons my relationships.

Pride increases my stress
and anxiety.

⁶... "God opposes the proud, but gives grace to the humble." ⁷Submit yourselves therefore to God...
¹⁰Humble yourselves before the Lord, and he will exalt you. —James 4:6-7, 10 ESV

¹⁴Only remember me, when it is well with you, and please do me the kindness to mention me to Pharaoh, and so get me out of this house. ¹⁵For I was indeed stolen out of the land of the Hebrews, and here also I have done nothing that they should put me into the pit. —Genesis 40:14-15 ESV

"There are benefits that come only through struggles... It is doubtful whether God can bless a man greatly until He has hurt him deeply." —A.W. Tozer