

7 Essentials to Help You "Get Real" and "Get Right!"

Reality Relationships: Tell the Truth

by Dr. David H. McKinley

Essential #6:

You have to tell the truth, the whole truth, and nothing but the truth if you want to build healthy, happy, and harmonious relationships.

[Love] does not rejoice in iniquity, but rejoices in the truth... 1 CORINTHIANS 13:6

[Love] is never glad about injustice but rejoices whenever the truth wins out. 1 CORINTHIANS 13:6 (NLT)

"Love cannot find satisfaction in wrong."
—GEORGE SWEETING

"Truth" and "Trust" operate together like the pedals of a bicycle. They move together in balance and cohesion.



"Trust is like a bank account. You have to keep making deposits if you want it to grow. On occasion, things will go wrong, and you will have to make a withdrawal. Meanwhile, it is sitting in the bank earning interest."

—MIKE ABRASHOFF

"It is a greater compliment to be trusted than to be loved." —GEORGE MACDONALD

Three Strategies to Help You Build Healthier and Happier Relationships:

1. Tell the Truth—Be Credible

A good man is guided by his honesty; the evil man is destroyed by his dishonesty. PROVERBS 11:3

Ten Great American Business Lies:

10. Your table will be ready in 10 minutes.
9. This offer is limited to the first 100 callers.
8. This sort of thing never goes out of style.
7. One size fits all.
6. I'm sorry I'm late. I got stuck in traffic.
5. It's not the money, it's the principle of the thing.
4. Open wide. This won't hurt one bit.
3. This car is in "mint condition."
2. We have unbelievably low prices.
1. I'm from the IRS and I'm here to help you!

2. Tell the Whole Truth—Be Careful

Someone who does not tell the truth causes trouble.
PROVERBS 10:10

3. Tell Nothing but the Truth—Be Considerate

"It is the thought of man...by which man works all things whatsoever. All that he does and brings to pass is the vesture of thought." —THOMAS CARLYLE

[Love] thinks no evil. 1 CORINTHIANS 13:5

And now, dear friends... Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise. PHILIPPIANS 4:8 (NLT)

T rue?
H elpful?
I mportant?
N ecessary?
K ind?

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