

# NEVER STOP GROWING!



## Leverage Your Limitations

**LAW 2: Always make your learning greater than your experience.** — *The Laws of Lifetime Growth* by Dan Sullivan and Catherine Nomura

"Experience enables you to recognize a mistake every time you repeat it."

"Experience is what enables you to make a different mistake next time."

"Continual learning is essential for lifetime growth. You can have a great deal of experience and be no smarter for all the things you've done, seen, and heard. Experience alone is no guarantee of lifetime growth. But if you regularly transform your experiences into new lessons, you will make each day of your life a source of growth. The smartest people are those who can transform even the smallest events or situations into breakthroughs in thinking and action. Look at all of life as a school and every experience as a lesson, and your learning will always be greater than your experience." — *The Laws of Lifetime Growth* by Dan Sullivan and Catherine Nomura

- A stupid person makes mistakes and learns nothing.
- A smart person makes mistakes and learns from them.
- A wise person observes the mistakes of others and learns from their experience.

Whoever heeds instruction is on the path to life, but he who rejects reproof leads others astray.  
—Proverbs 10:17

Whoever loves discipline loves knowledge, but he who hates reproof is stupid. —Proverbs 12:1

Poverty and disgrace come to him who ignores instruction, but whoever heeds reproof is honored.  
—Proverbs 13:18

At a minimum, experience can teach us what works and doesn't work in life. The following is a list of questions for evaluating and learning from experience:

### Can you list one or more lessons from your vast life experiences?

Recall experiences—both good and bad—that can teach you valuable lessons.

### Have you separated your emotions from experiences in order to recognize the benefits of hard experiences in life?

Most life experiences are tethered with a 3-fold cord: the good, the bad, and the ugly. Many times we isolate the bad and ugly without identifying the good.

### Have you become accustomed to controlling and manipulating outcomes in your life rather than listening and interacting with others to help you succeed?

Where there is no counsel, the people fall; but in the multitude of counselors there is safety.  
—Proverbs 11:14 NKJV

### Do you read, reflect, and refocus your time and energies in order to maximize the meaning of experiences in your life?

"As long as you live, keep learning how to live."  
—Seneca

### Do you allow experience to inflate your confidence and increase your potential for future slips?

"The most valuable thing you can learn from experience is not to rely on it."

### Have you asked God to help you see beyond your past experiences to new opportunities He has planned for your life?

"Every experience that God gives us, every person He puts in our lives is the perfect preparation for the future that only he can see." —Corrie Ten Boom