

## **Guard Your Gratitude**

**LAW 5: Always make your gratitude greater than your success.** — The Laws of Lifetime Growth by Dan Sullivan and Catherine Nomura

"...give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

—1 Thessalonians 5:18 (underline added for emphasis)

"Increased gratitude is essential for lifetime growth. Only a small percentage of people are continually successful over the long run. These outstanding few recognize that every success comes through the assistance of many other people—and they are continually grateful for this support. Conversely, many people whose success stops at some point are in that position because they have cut themselves off from everyone who has helped them. They view themselves as the sole source of their achievements. As they become more self-centered and isolated, they lose their creativity and ability to succeed. Continually acknowledge others' contributions, and you will automatically create room in your mind and in the world for much greater success. You will be motivated to achieve even more for those who have helped you. Focus on appreciating and thanking others, and the conditions will always grow to support your increasing success." - The Laws of Lifetime Growth by Dan Sullivan and Catherine Nomura

"Gratitude is not only the greatest of all virtues, but the parent of all others." —Cicero

### **Gratitude Begins With My Attitude**

The Good Samaritan, Luke 10:30-37

What's yours is mine and I'll take it. What's mine is mine and I'll keep it. What's mine is yours and I'll share it.

## **Gratitude Increases the Appreciation Factor**

"What we appreciate, appreciates."

"If you learn to appreciate more of what you already have, you'll find yourself having more to appreciate."

-Michael Angier

"proactive gratitude"

# **Gratitude Diffuses My Arrogance**

"A proud man is seldom a grateful man, for he never thinks he gets what he deserves."

—Henry Ward Beecher

"Gratitude eliminates three mental characteristics that undermine our success: isolation, egotism, and arrogance." —Dan Sullivan and Catherine Nomura

Pride goes before destruction and a haughty spirit before a fall. —Proverbs 16:18

First pride, then the crash—the bigger the ego, the harder the fall. —Proverbs 16:18 MSG

"If you pick up a starving dog, feed him, and make him prosperous, he will not bite you; that is the principal difference between a dog and a man."

—Mark Twain

#### **Gratitude Moves Me to Action**

"Gratitude is more than just a feeling; it is a life response. When I am truly grateful, I want to give it expression."

#### **Gratitude Leads Me to Abundance**

"If you concentrate on what you don't have, you will never have enough."

"How happy a person is depends on the depth of his gratitude." —John Miller

