

**“Your attitude
toward something
makes all the
difference in how
you see and
respond to it!”**

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**“Life is like
baseball, it's 95%
mental and the
other half
is physical.”
--Yogi Berra**

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**“As a man thinks
in his heart,
so is he.”
Proverbs 23:7**

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**“An attitude is
a habit of
thought.”**

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What is an attitude?

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What is an attitude?

**It is the advance man
of our true selves.
Its roots are inward,
but its fruit is outward.
It is our best friend
and our worst enemy.**

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What is an attitude?

**It is more honest and
more consistent than
our words.**

**It is a thin line which
draws people to us or
repels them.**

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What is an attitude?

**It is never content
until it is expressed.**

**It is the librarian
of our past.**

**It is the speaker
of our present.**

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What is an attitude?

**It is the prophet
of our future.**

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**Attitudes
Speak Louder
Than Words**

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**Elevate the
Benefits of a
Good Attitude**

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**A good attitude
makes life
better than
it is.**

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- A good attitude makes life better than it is.

**A good attitude
makes people
easier to get
along with.**

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- A good attitude makes life better than it is.
- A good attitude makes people easier to get along with.

**A good attitude
makes my work
seem worthwhile.**

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- A good attitude makes life better than it is.
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- A good attitude makes my work seem worthwhile.

**A good attitude
makes it easier
to laugh.**

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- A good attitude makes life better than it is.
- A good attitude makes people easier to get along with.
- A good attitude makes my work seem worthwhile.
- A good attitude makes it easier to laugh.

**A good attitude
makes me a
healthier person.**

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**“A merry heart
does good like
a medicine.”**

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- A good attitude makes life better than it is.
- A good attitude makes people easier to get along with.
- A good attitude makes my work seem worthwhile.
- A good attitude makes it easier to laugh.
- A good attitude makes me a healthier person.

**A good attitude allows
me to accomplish more
than I ever dreamed
before.**

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- Elevate the Benefits of a Good Attitude

Examine the Flux Factors in my Attitudes

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Examine the Flux Factors in my Attitude

Temperament *Who I am*

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“For you formed my inward parts and covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well.”

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“My frame was not hidden from You when I was made in secret, and skillfully wrought in the lowest parts of the earth. Your eyes saw my substance, being yet unformed,”

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“and in your book they all were written, the days fashioned for me when as yet there were none of them. How precious are your thoughts to me, O God! How great is the sum of them.” **Ps. 139:13-17**

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Examine the Flux Factors in my Attitude

- Temperament

Environment *Where I am or what I have come from*

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“The last of human freedoms is to choose one’s attitude in any given set of circumstances.”

--Victor Frank

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**Examine the Flux Factors
in my Attitude**

- Temperament
- Environment

Entertainment
***What I see and
what I hear***

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“Faith comes by hearing and hearing by the word of God.”
Romans 10:17

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“What I believe about life determines how I perceive life, which determines what I receive from life.”

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**Examine the Flux Factors
in my Attitude**

- Temperament
- Environment
- Entertainment

Assessment
How I count

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“Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.”
--W.W. Zeige

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Examine the Flux Factors in my Attitude

- Temperament
- Environment
- Entertainment
- Assessment

Enlightenment
What I learn

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Examine the Flux Factors in my Attitude

- Temperament
- Environment
- Entertainment
- Assessment
- Enlightenment

Encouragement
Who cheers me on?

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- Elevate the Benefits of a Good Attitude
- Examine the Flux Factors in my Attitude

**Establish a
“Game Plan”
for Good Attitude
Development**

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Establish a “Game Plan” for Good Attitude Development

**Identify bad
patterns of
thought**

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**“Fix your thoughts on
what is true and
honorable and right.
Think about things that
are pure and lovely and
admirable. Think about
things that are excellent
and worthy of praise.”**
Philippians 4:8

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Establish a “Game Plan” for Good Attitude Development

- Identify bad patterns of thought

**Clarify your
life mission**

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“Focus and concentration are stimulants for accomplishment in life.”

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Establish a “Game Plan” for Good Attitude Development

- Identify bad patterns of thought
- Clarify your life mission

Simplify your concerns to today

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“So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.”
Matthew 6:34

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Establish a “Game Plan” for Good Attitude Development

- Identify bad patterns of thought
- Clarify your life mission
- Simplify your concerns to today

Qualify your friends

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Establish a “Game Plan” for Good Attitude Development

- Identify bad patterns of thought
- Clarify your life mission
- Simplify your concerns to today
- Qualify your friends

Magnify your dreams

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“When our attitudes outdistance our abilities, even the impossible becomes possible.”

--John Maxwell

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