

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. **GALATIANS 5:22-23**

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SELF-CONTROL:

"power or mastery over yourself"

Slide02.jpg



SELF-CONTROL:

"temperance"

Slide03.jpg



SELF-CONTROL:


"able to marshal and direct our energies wisely"

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I. Consider the Significance of a Self-Controlled Life

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What is causing the quarrels and fights among you? Isn't it the whole army of evil desires at war within you? You want what you don't have, so you scheme and kill to get it. You are jealous for what others have, and you can't possess it, so you fight and quarrel to take it away from them.

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And yet the reason you don't have what you want is that you don't ask God for it. And even when you do ask, you don't get it because your whole motive is wrong—you want only what will give you pleasure. **JAMES 4:1-3 NLT**

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"... men are qualified for civil liberty in exact proportion to their disposition to put moral chains on their own appetites. Society cannot exist unless a controlling power upon will and appetite be placed somewhere, and the less of it there is within, the more there is without."

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It is ordained in the eternal constitution of things that men of intemperate minds cannot be free. Their passions forge their fetters." **EDMUND BURKE, British Statesman**

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A life without control is aimless, helpless, and wreckless.

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"A person without self-control is as defenseless as a city with broken-down walls."

PROVERBS 25:28 (NLT)

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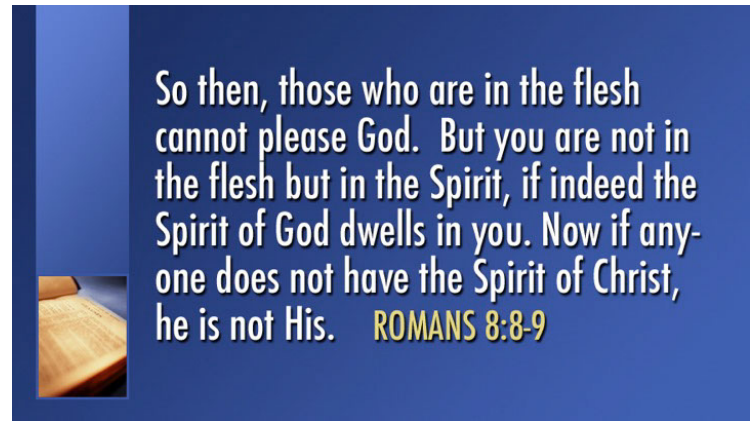


II. Clarify the Source of a Self-Controlled Life

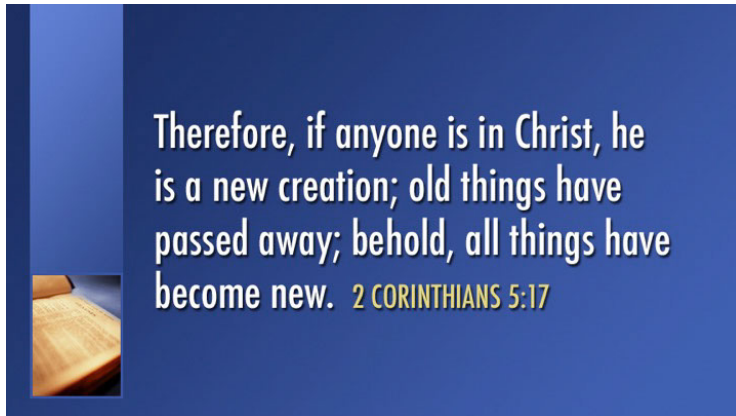
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We all make many mistakes, but those who control their tongues can also control themselves in every other way. **JAMES 3:2 (NLT)**

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There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health. **PROVERBS 12:18 (NKJV)**

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SELF-CONTROL APPLIES TO THE ...

Tracking of My Thoughts

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2 Corinthians 10:3-5


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SELF-CONTROL APPLIES TO THE ...

Tempering of My Temper

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It is better to be patient than powerful; it is better to have self-control than to conquer a city. **PROVERBS 16:32 (NLT)**

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Slide28.jpg



Time is really the only capital that any human being has, and the only thing he can't afford to lose.

THOMAS EDISON

Slide29.jpg



Beware of saying, "I haven't the time to read the Bible, or to pray;" say rather, "I haven't disciplined myself to do these things."

OSWALD CHAMBERS

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Behold, now is the acceptable time,
today is the day of salvation.

2 CORINTHIANS 6:2



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