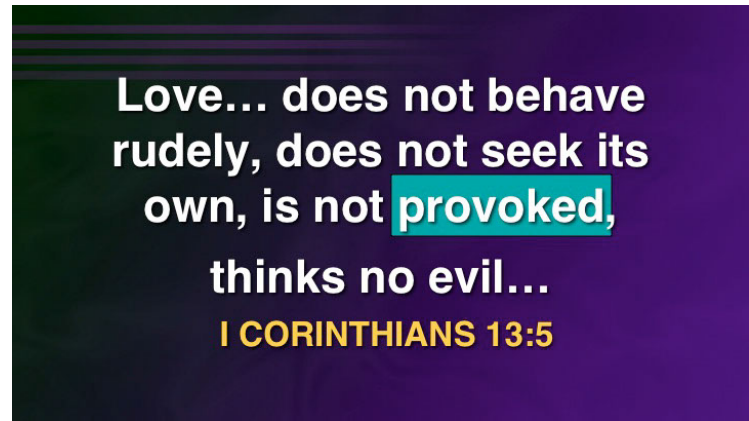




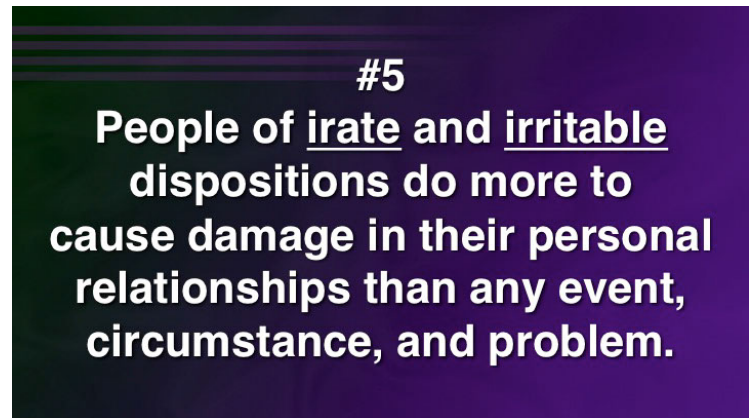
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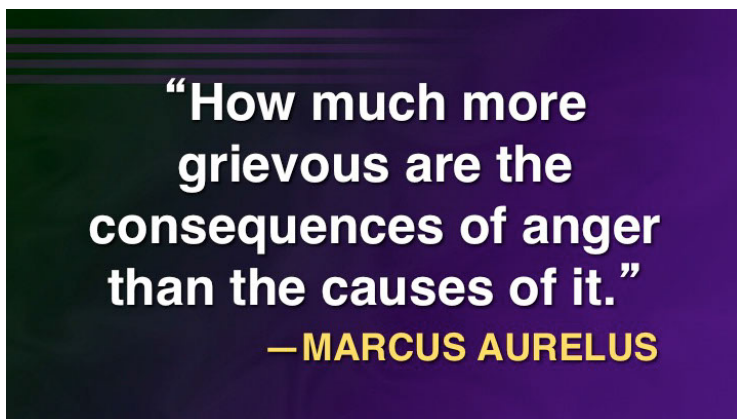
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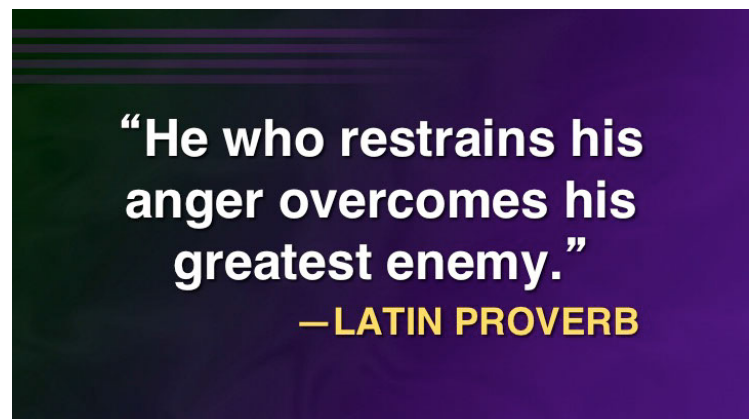
Slide09.jpg



Slide10.jpg



Slide11.jpg



Slide12.jpg

**“People who fly into a
rage seldom make a
good landing.”
—WILL ROGERS**

Slide13.jpg

I. Identify 5 Common Sources of Anger and Irritability in Your Relationships

Slide14.jpg

Anger rises out of ...
• insult

Slide15.jpg

**The discretion of a man
makes him slow to anger,
and his glory is to overlook
a transgression.
—PROVERBS 19:11**

Slide16.jpg

Anger rises out of ...
• **insult**
• impatience

Slide17.jpg

**Love is patient ...
I CORINTHIANS 13:4a**

Slide18.jpg

When the other fellow takes
a long time, he's slow.
When I take a long time,
I'm thorough.
When the other fellow
doesn't do it, he's lazy.
When I don't do it, I'm busy.

Slide19.jpg

When the other fellow does
something without being told,
he's overstepping his bounds.
But when I do it, that's initiative.
When the other fellow overlooks
a rule of etiquette, he's rude.
But when I skip a few rules,
I'm original.

Slide20.jpg

When the other fellow pleases the
boss, he's an apple polisher.
But when I please the boss,
that's cooperation.

Slide21.jpg

When the other fellow gets ahead,
he's getting the breaks.
But when I manage to get ahead,
that's just the reward
for hard work.

—JOHN MAXWELL
Be a People Person

Slide22.jpg

Anger rises out of ...

- insult
- impatience
- injury

Slide23.jpg

“Hurting people
hurt people.”

Slide24.jpg

Anger rises out of ...

- **insult**
- **impatience**
- **injury**
- **inferiority**

Slide25.jpg

“Half of the harm that is done in this world is due to people who want to feel important. They do not mean to do harm. They are absorbed in the endless struggle to think well of themselves.”

—**T.S. Eliot**

Slide26.jpg

“A man is as big as the things that make him angry.”

—**WINSTON CHURCHILL**

Slide27.jpg

Anger rises out of ...

- **insult**
- **impatience**
- **injury**
- **inferiority**
- **iniquity**

Slide28.jpg

Negatively: **the evil within us.**

Slide29.jpg

Negatively: **the evil within us.**

Positively: **Be angry and sin not, do not let the sun go down on your wrath, nor give place to the devil. EPHESIANS 4:26-27**

Slide30.jpg

**“He who would be angry
and not sin, must be
angry at nothing but sin.”
—REV. WILLIAM SECKER**

Slide31.jpg

**I. Identify 5 Common Sources of
Anger and Irritability in Your
Relationships**

**II. Investigate Ways to
Diffuse and Deal with Anger
in Your Relationships**

Slide32.jpg

1. Pace yourself. Don' panic.

Slide33.jpg

1. Pace yourself. Don' panic.
**2. Pinpoint the source of your
anger.**

Slide34.jpg

1. Pace yourself. Don' panic.
**2. Pinpoint the source of your
anger.**
**3. Plan a confrontation conference
or a peace summit.**

Slide35.jpg

**• Bring in principal persons
involved in the conflict.**

Slide36.jpg

- **Bring in principal persons involved in the conflict.**
- **Line up the facts.**

Slide37.jpg

- **Bring in principal persons involved in the conflict.**
- **Line up the facts.**
- **Never reprimand while angry.**

Slide38.jpg

- **Bring in principal persons involved in the conflict.**
- **Line up the facts.**
- **Never reprimand while angry.**
- **Be precise about the offense.**

Slide39.jpg

- **Get the other person's side of the story.**

Slide40.jpg

- **Get the other person's side of the story.**
- **Be sure you keep comprehensive records.**

Slide41.jpg

- **Get the other person's side of the story.**
- **Be sure you keep comprehensive records.**
- **Don't harbor a grudge.**

Slide42.jpg

- 1. Pace yourself. Don' panic.**
- 2. Pinpoint the source of your anger.**
- 3. Plan a confrontation conference or a peace summit.**
- 4. Pray for self control.**

Slide43.jpg