

**"It's a rare person who
does not get discouraged."**



**Rome did not
create a great empire
by having
meetings...they did it
by killing all those
who opposed them.**

Inspiration

**Doing a job RIGHT
the first time gets
the job done. Doing
the job WRONG
fourteen times gives
you job security.**

Inspiration

**Artificial
Intelligence
is no match for
Natural Stupidity.**

Inspiration

**A person who
smiles in the face
of adversity...
probably has
a scapegoat.**

Inspiration

**Plagiarism
saves time!**

Inspiration

**Never underestimate
the power of very
stupid people
in large groups.**

Inspiration

**When the going
gets tough, the
tough take a
coffee break.**

Inspiration

**INDECISION
is the key to
FLEXIBILITY.**

Inspiration

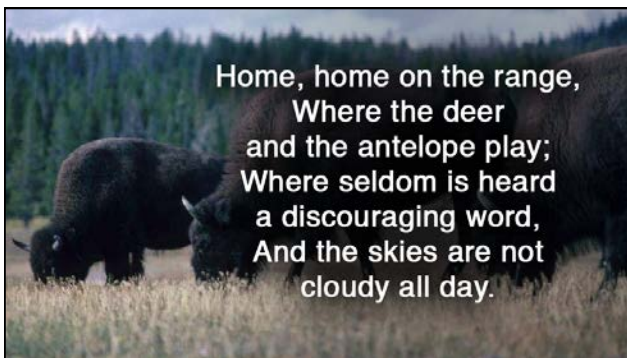
**Succeed
in spite of
management.**

Inspiration

**Eagles may soar,
but weasels don't
get sucked into
jet engines.**

Inspiration

Anxiety in the heart of man
causes depression,
but a good word makes it glad.
—PROVERBS 12:25 NKJV



Why do we get discouraged?

D-Days:

- Difficulties
- Disappointments
- Delays
- Disagreements
- Demands
- Displacement



Whoever loves instruction
loves knowledge, but he who
hates correction is stupid.
—PROVERBS 12:1 NKJV

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How to Deal with Discouragement:

Retrace Your Steps

A diagram illustrating the concept of retracing steps. It features a central cross with four arrows pointing outwards (up, down, left, right). A red curved arrow starts from the bottom left and points towards the center. Another red curved arrow starts from the top right and points towards the center. The background is a dark, textured blue/purple.

A man is not established by
wickedness, but the root of the
righteous cannot be moved.
—PROVERBS 12:3 NKJV

**“A clear conscience is usually
the sign of bad memory.”**
—STEVEN WRIGHT

“You can’t find firm footing
in a swamp, but life rooted
in God stands firm.”

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How to Deal with Discouragement:

Refocus Your Energies

A diagram illustrating the concept of refocusing energies. It features a central cross with four arrows pointing outwards (up, down, left, right). A red curved arrow starts from the bottom left and points towards the center. Another red curved arrow starts from the top right and points towards the center. The background is a dark, textured blue/purple.

He who tills his land will have
plenty of bread,
but he who pursues worthless
things lacks sense.

—PROVERBS 12:11

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How to Deal with Discouragement:

Review Your Words

“The first rule of holes:
When you’re in one,
stop digging.”

—MOLLY IVINS

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How to Deal with Discouragement:

Reform Your
Relationships

A righteous man is cautious in
friendship, but the way of the
wicked leads them astray.

—PROVERBS 12:26 NIV

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How to Deal with Discouragement:

Refresh Your Body

