

**“...give thanks
in all circumstances;
for this is the will of God
in Christ Jesus for you.”**
—1 Thessalonians 5:18

Law 5: Guard Your Gratitude

**“Always make your gratitude
greater than your success.”**

**— *The Laws of Lifetime Growth* By Dan Sullivan
and Catherine Nomura**

**“Increased gratitude is essential for
lifetime growth. Only a small percentage
of people are continually successful over
the long run. These outstanding few
recognize that every success comes through
the assistance of many other people—
and they are continually grateful
for this support.”**

**“Conversely, many people whose success
stops at some point are in that position
because they have cut themselves off from
everyone who has helped them. They view
themselves as the sole source of their
achievements. As they become more
self-centered and isolated, they lose their
creativity and ability to succeed.”**

**“Continually acknowledge others’
contributions, and you will automatically
create room in your mind and in the world
for much greater success. You will be
motivated to achieve even more for those
who have helped you. Focus on appreciating
and thanking others, and the conditions will
always grow to support your increasing
success.” — *The Laws of Lifetime Growth*
By Dan Sullivan and Catherine Nomura**

**“Gratitude is not only the
greatest of all virtues, but
the parent of all others.”**
—Cicero

Gratitude Begins With My Attitude

The Good Samaritan Luke 10:30-37

What's yours is mine and I'll take it.
What's mine is mine and I'll keep it.
What's mine is yours and I'll share it.

Gratitude Increases the Appreciation Factor

**"What we appreciate,
appreciates."**

**"If you learn to appreciate more
of what you already have,
you'll find yourself having more
to appreciate." —Michael Angier**

“proactive gratitude”

**Gratitude Diffuses
My Arrogance**

**“A proud man is seldom a grateful man, for he never thinks he gets what he deserves.”
—Henry Ward Beecher**

“Gratitude eliminates three mental characteristics that undermine our success: isolation, egotism, and arrogance.” —Dan Sullivan and Catherine Nomura

**Pride goes before destruction
and a haughty spirit before
a fall. —Proverbs 16:18**

**First pride, then the crash—
the bigger the ego,
the harder the fall.
—Proverbs 16:18 MSG**

**“If you pick up a starving dog,
feed him, and make him
prosperous, he will not bite
you; that is the principal
difference between a dog and
a man.” —Mark Twain**

**Gratitude Moves Me
to Action**

**“Gratitude is more than just a
feeling; it is a life response.
When I am truly grateful,
I want to give it expression.”**

**Gratitude Leads Me
to Abundance**

**“If you concentrate on what
you don't have, you will never
have enough.”**

**“How happy a person is
depends on the depth of his
gratitude.” —John Miller**

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