

**Law 8:
Agitate Your Achievements**

**“Always make your confidence
greater than your comfort.”**

— *The Laws of Lifetime Growth* By Dan Sullivan
and Catherine Nomura

**“It is easier to lose your
confidence than to gain
your confidence.”**

True or False?

“Many successful people start off life as dreamers and risk takers, but the moment they become successful, they begin to seek greater security and comfort over everything else. This attitude puts them to sleep motivationally, and they lose the confidence that made them so successful.”

“Security and comfort are desirable by-products of goal achievement, but when they become the goal itself, they quickly stop lifetime growth. Treat any increase of comfort in your life as only a temporary stage for establishing bigger goals. Continually strive for higher goals and achievements, and your confidence will always be greater than your comfort.” — *The Laws of Lifetime Growth* By Dan Sullivan and Catherine Nomura

**²Count it all joy, my brothers,
when you meet trials of various
kinds, ³for you know that the
testing of your faith produces
steadfastness.**

—James 1:2-3

**“Confidence is the ability to
transform fear into focused
thinking and action.”**

How to Build Your Confidence

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How to Build Your Confidence

Start Small

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How to Build Your Confidence

Start Small

Take Risks

R
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E

“If the Creator had a purpose in equipping us with a neck, He surely meant us to stick it out.”

—Arthur Koestler

“Risk must be evaluated, not by the fear it generates in you or the probability of your success, but by the value of the goal.”

—John Maxwell

“Don’t let the fear of striking out hold you back.”

—Babe Ruth

How to Build Your Confidence

Start Small
Take Risks
Reap from Failure

**I
V
E**

**“Failure is the opportunity to
begin again more intelligently.”**

—Henry Ford

⁸Three times I pleaded with the Lord
about this, that it should leave me.

⁹But he said to me, “My grace is
sufficient for you, for my power is
made perfect in weakness.” Therefore
I will boast all the more gladly of my
weaknesses, so that the power of
Christ may rest upon me.

¹⁰For the sake of Christ, then, I am
content with weaknesses, insults,
hardships, persecutions, and
calamities. For when I am weak,
then I am strong.

—2 Corinthians 12:8-10

**“In God’s economy, nothing
is wasted. Through failure,
we learn a lesson in humility
which is probably needed,
painful though it is.”**

—Bill Wilson

How to Build Your Confidence

Start Small
Take Risks
Reap from Failure
Improvise When Necessary

**V
E**

How to Build Your Confidence

Start Small
Take Risks
Reap from Failure
Improvise When Necessary
Value Input
E

“We are born helpless. As soon as we are fully conscious, we discover loneliness. We need others physically, emotionally, intellectually; we need them if we are to know anything, even ourselves.” —**C.S. Lewis**

Where there is no guidance,
a people falls, but in an abundance
of counselors there is safety.

—**Proverbs 11:14**

How to Build Your Confidence

Start Small
Take Risks
Reap from Failure
Improvise When Necessary
Value Input
Embrace Tomorrow, Today

“Where there is no faith in
the future, there is no power
in the present.”