

⁷...discipline yourself for the purpose of godliness; ⁸for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.

—1 Timothy 4:7b-8 NAS



01.jpg

Exercise daily in God—no spiritual flabbiness, please! Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever. You can count on this. Take it to heart. This is why we've thrown ourselves into this venture so totally. We're banking on the living God, Savior of all men and women, especially believers.

—1 Timothy 4:8-10 MSG



02.jpg

Spiritual Disciplines

Celebration	Frugality	Service
Confession	Meditation	Simplicity
Fasting	Prayer	Solitude
Fellowship	Reflection	Study
Humility	Stewardship	Worship



03.jpg

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04.jpg

Piety
“Making a hypocritical display
of virtue.”



05.jpg

Piety: “Godly; reverencing and honoring the Supreme Being in heart and in the practice of duties He has enjoined; having due veneration and affection for the character of God and habitually obeying His commands; religious, devoted to the service of God.”

—Noah Webster, 1828



06.jpg

The sacrifice of the wicked is an abomination to the LORD, but the prayer of the upright is acceptable to him. —Proverbs 15:8 ESV



07.jpg

The LORD is far from the wicked, but he hears the prayer of the righteous. —Proverbs 15:29 ESV



08.jpg

Prayer begins with the character and nature of God revealed in Scripture.



09.jpg

If one turns away his ear from hearing the law, even his prayer is an abomination. —Proverbs 28:9 ESV



10.jpg

“What comes to our minds when we think about God is the most important thing about us... Worship is pure or base as the worshipper entertains high or low thoughts of God. For this reason, the gravest question before the Church is always God himself, and the most portentous fact about any man is not what he at any given time may say or do, but what he in his deep heart conceives God to be like.”
—A.W. Tozer



11.jpg

Repentance is the response of the heart, turning from empty formality to sincere faith.



12.jpg

“To bring a sacrifice to God empty of essential reverence mocked the meaning of the sacrificial system. God desired a worshipful heart or no worship at all. Sacrifice had meaning when worshippers understood the significance of the sacrificial ritual in the worship of God. Empty ritual performed by the wicked induced God’s wrath.”

—House and Durham



13.jpg

Asking in faith is pleasing to God.



14.jpg

The LORD detests the sacrifice of the wicked, but the prayer of the upright pleases him.

—Proverbs 15:8 NIV

The sacrifice of the wicked is an abomination to the LORD, but the prayer of the upright is His delight. —Proverbs 15:8 NAS



15.jpg

And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

—Hebrews 11:6 ESV



16.jpg

Yielding to God is the end of all true and sincere prayer.



17.jpg

“Prayer is surrender—surrender to the will of God and cooperation with that will. If I throw out a boat hook from a boat and catch hold of the shore and pull, do I pull the shore to me, or do I pull myself to the shore? Prayer is not pulling God to my will, but the aligning of my will to the will of God.” —E. Stanley Jones
Missionary to India



18.jpg

Expressions of gratitude bring
joy to the heart of God.



19.jpg

...⁶do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

—Philippians 4:6-7 ESV



20.jpg

...give thanks in all circumstances;
for this is the will of God in Christ
Jesus for you. —1 Thess. 5:18 ESV



21.jpg

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of God revealed in Scripture.

Repentance is the response of the heart turning
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22.jpg

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Expressions of gratitude bring joy to the
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Relationship with God through
Jesus Christ is what makes conversation
through prayer acceptable.



23.jpg

For our sake he made him to be sin who
knew no sin, so that in him we might
become the righteousness of God.

—2 Corinthians 5:21 ESV



24.jpg

“To pray in the name of Jesus Christ means to pray in the awareness that our prayers have no worthiness or efficacy apart from His atoning sacrifice and redemptive mediation. It means to appeal to the blood of Christ as the source of power for the life of prayer. It means to acknowledge our complete helplessness apart from His mediation and intercession.”



25.jpg

“To pray in His name means that we recognize that our prayers cannot penetrate the tribunal of God unless they are presented to the Father by the Son, our one Savior and Redeemer.”

—Donald Bloesch



26.jpg