

<sup>6</sup>But He gives more grace. Therefore it says, "God opposes the proud, but gives grace to the humble." <sup>7</sup>Submit yourselves therefore to God.

Resist the devil, and he will flee from you. <sup>8</sup>Draw near to God, and He will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.

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<sup>9</sup>Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. <sup>10</sup>Humble yourselves before the Lord, and He will exalt you. —James 4:6-10 ESV

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Pride limits and inhibits my walk with God and my usefulness to God, and my connectedness with others.

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### Pride Prevents My Growth

Do you see a man who is wise in his own eyes? There is more hope for a fool than for him.

—Proverbs 26:12 ESV

Whoever heeds instruction is on the path to life, but he who rejects reproof leads others astray.

—Proverbs 10:17 ESV

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### Pride Poisons My Relationships

By insolence comes nothing but strife, but with those who take advice is wisdom. —Proverbs 13:10 ESV

Love is patient and kind; love does not envy or boast; it is not arrogant.

—1 Corinthians 13:4 ESV

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Pride Produces Unnecessary Stress and Anxiety

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“Humility is not thinking less of yourself, it is thinking of yourself less.”

—C.S. Lewis

“Humility is blessed self-forgetfulness.”

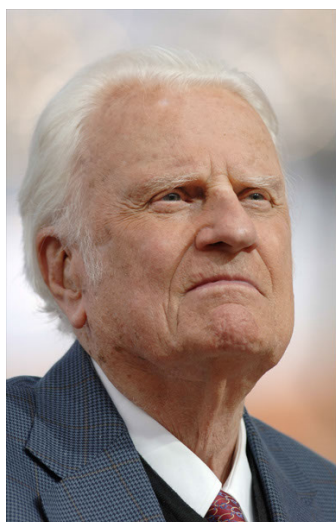
—Tim Keller

“True humility does not know that it is humble. If it did, it would be proud from the contemplation of so fine a virtue.” —Martin Luther

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Recognize the Inability to  
“Unpin” Yourself From Yourself

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“When you begin the day consciously aware of God’s amazing grace, you cannot go through a day thinking you are self sufficient; you become radically unimpressed with yourself.”

—Billy Graham

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“We never move on from the cross, only to a more profound understanding of the cross.” —David Prior

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Resist the Lie That Affirms  
You Can Do It

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For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.

—Genesis 3:5 ESV

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Return to the Place of  
Grace Alone

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“It is necessary to preach the  
gospel to yourself on a daily basis.”  
—Jerry Bridges

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“To preach the gospel to yourself  
means that you continually face  
up to your own sinfulness and  
then flee to Jesus through faith in  
His shed blood and righteous  
life.” —Jerry Bridges

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Rely on the Finished Work  
of Christ

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<sup>3</sup>Who shall ascend the hill of the  
Lord? And who shall stand in His  
holy place? <sup>4</sup>He who has clean  
hands and a pure heart, who does  
not lift up his soul to what is false  
and does not swear deceitfully.

—Psalm 24:3-4 ESV

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<sup>4</sup>You are severed from Christ,  
you who would be justified by  
the law; you have fallen away from  
grace. <sup>5</sup>For through the Spirit, by  
faith, we ourselves eagerly wait  
for the hope of righteousness.

—Galatians 5:4-5 ESV

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“The Christian life is about Jesus’  
struggle for you,  
not your struggle for Him.”

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Recover a Spirit of Brokenness

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<sup>19</sup>Those whom I love, I reprove  
and discipline, so be zealous and  
repent. <sup>20</sup>Behold, I stand at the  
door and knock. If anyone hears  
My voice and opens the door,  
I will come in to him and eat  
with him, and he with Me.

—Revelation 3:19-20 ESV

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...a broken and contrite heart,  
O God, You will not despise.  
—Psalm 51:17 ESV

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“Every day of our Christian  
experience should be a day of  
relating to God on the basis of  
His grace alone. We are not only  
saved by grace, we live by grace  
everyday.” —Jerry Bridges

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