



-.001.tiff

Hebrew poetry rhyme is in thought, not verse.

Parallelism = contrast, complete, or compliment

-.002.tiff

Book 1 (1-41)	Genesis
Book 2 (42-72)	Exodus
Book 3 (73-89)	Leviticus
Book 4 (90-106)	Numbers
Book 5 (107-150)	Deuteronomy

-.003.tiff

“The book of Psalms particularly reflects the variety of human hopes. Every experience of man’s heart is reflected here. No matter what mood you find yourself in, some psalm will reflect that mood, for this amazing book records every one of man’s emotions and reaction.” —Ray Steadman

-.004.tiff

“In the Psalms, the Holy Spirit has drawn to life all the griefs, sorrows, fears, doubts, hopes, cares and perplexities that agitate our minds.” —David Calhoun

-.005.tiff

“The psalms are designed to teach us to do one primary thing—to worship. Though they reflect every human emotion, they do so in a distinct and important way: they are emotions seen in relationship to God. Every psalm is written as in the very presence of God. This book therefore teaches us how to be honest before God. If you have a problem in your life, tell God about it.

-.006.tiff

Don't hide it. Especially, do not become pious and sanctimonious and try to act as though there is no trouble. If you feel angry with God, it is best to say so.

If you are upset about something, tell Him your sense of disturbance, but remind Him also that you know how foolish it is to be upset with Him. If you are resentful, bring that out. If you are happy and joyful, express that.

-.007.tiff

This is what worship is—a heart pouring out honest reactions to a God who can both correct and restore. If we learn to be honest before God even about troubles and problems, wrong moods and resentful attitudes, we shall quickly find His grace answering our needs.”

—Ray Steadman

-.008.tiff



¹Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the LORD, and on His law he meditates day and night. ³He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither.

-.009.tiff

In all that he does, he prospers. ⁴The wicked are not so, but are like chaff that the wind drives away. ⁵Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶for the LORD knows the way of the righteous, but the way of the wicked will perish. —Psalm I ESV

-.010.tiff

The Picture of a Wasted Life

-.011.tiff

“The problem with most people is not that they live vile lives, but their lives are lived in vain.” —Jack Graham

-.012.tiff

> DRIVEN in the winds of change

-.013.tif

> DRAINED like chaff

-.014.tif

> DOOMED—perish

-.015.tif

Most men ebby about
Here and there—eat and drink,
Chatter and love and hate,
Gather and squander, are raised
Aloft, are hurl'd in the dust,
Striving blindly, achieving—
Nothing; and then they die.
—Matthew Arnold's Rugby Chapel

-.016.tif

The Portrait of a Satisfied Life

-.017.tif

Psalm 1:1-3 — “a tree”
Stability • Productivity • Prosperity

-.018.tif

The Portrait of a Satisfied Life
Secure Your Mind Against the
Downward Pull of Worldly Thinking

-.019.tif

Walk = Awareness
Stand = Association
Sit = Absorption

-.020.tif

Do not be conformed to this world,
but be transformed by the renewal
of your mind, that by testing you
may discern what is the will of God,
what is good and acceptable and
perfect. —Romans 12:2 ESV

-.021.tif

¹⁵Do not love the world or the things
in the world. If anyone loves the
world, the love of the Father is not in
him. ¹⁶For all that is in the world—the
desires of the flesh and the desires of
the eyes and pride of life—is not from
the Father but is from the world.
¹⁷And the world is passing away along
with its desires, but whoever does the
will of God abides forever.
—1 John 2:15-17 ESV

-.022.tif

The Portrait of a Satisfied Life
Saturate Your Life With the Truth
of God's Holy Word

-.023.tif

Saturate Your Life With the God's Word
> Appreciate the Word

-.024.tif

Nehemiah 8:1-5

-.025.tif

Psalm 19:7-11

-.026.tif

Saturate Your Life With the God's Word

> Assimilate the Word

-.027.tif

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. —Joshua 1:8 ESV

-.028.tif

The Portrait of a Satisfied Life
Share Your Life With Others
Through Good Works

-.029.tif

“The promised immunity of the leaf from withering is not independence of the rhythm of the seasons, but freedom from the crippling damage of drought.” —Derek Kidner

-.030.tif

All my life I had a longing
 For a drink from some clear spring,
 That I hoped would quench the burning
 Of the thirst I felt within.

Feeding on the husks around me,
 Till my strength was almost gone,
 Longed my soul for something better,
 Only still to hunger on.

-.031.tiff

Poor I was, and sought for riches,
 Something that would satisfy,
 But the dust I gathered round me
 Only mocked my soul's sad cry.

Well of water, ever springing,
 Bread of life so rich and free,
 Untold wealth that never faileth,
 My Redeemer is to me.

-.032.tiff

*Hallelujah! I have found Him
 Whom my soul so long has craved!
 Jesus satisfies my longings,
 Through His blood I now am saved.*

—Clara Tear Williams, *Satisfied*

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