Life is a	

"The book of Psalms
particularly reflects a variety
of human hopes, hurts,
circumstances and experiences.
In this book you discover an
expression—a song—for
every condition and need of
your heart."

-.001.tiff -.002.tiff

<sup>1</sup>He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. <sup>2</sup>I will say to the LORD, "My refuge and my fortress, my God, in whom I trust." <sup>3</sup>For He will deliver you from the snare of the fowler and from the deadly pestilence.

<sup>4</sup>He will cover you with His pinions, and under His wings you will find refuge; His faithfulness is a shield and buckler.

—Psalm 91:1-4 ESV

-.003.tiff -.004.tiff

Psalm 91:1-4

God Himself is the Abiding Place

of Your Refuge

Most High (Elyon) = Supremacy

-.005.tiff -.006.tiff



Lord (Jehovah) = Sufficiency

-.007.tiff -.008.tiff



"The emphasis of this text is not that God is our rescue, but that God gives a refuge to those who belong to Him."

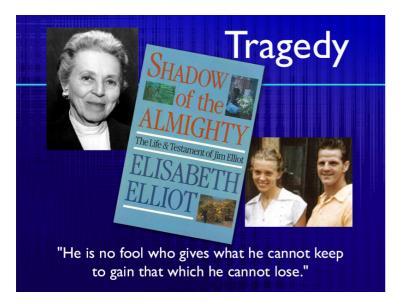
-.009.tiff -.010.tiff



... <sup>6</sup>and said to Him, "If You are the Son of God, throw Yourself down, for it is written, 'He will command His angels concerning you,' and 'On their hands they will bear you up, lest you strike your foot against a stone."

-Matthew 4:6 ESV

-.011.tiff -.012.tiff



But understand this, that in the last days there will come times of difficulty. 
<sup>2</sup>For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy, <sup>3</sup>heartless, unappeasable, slanderous, without self-control, brutal, not loving good, <sup>4</sup>treacherous, reckless, swollen with conceit, lovers of pleasure rather than lovers of God,

-.013.tiff -.014.tiff

5having the appearance of godliness, but denying its power. Avoid such people. 6For among them are those who creep into households and capture weak women, burdened with sins and led astray by various passions, 7always learning and never able to arrive at a knowledge of the truth.

—2 Timothy 3:1-7 ESV

Psalm 91 gives us two great assurances:

1. God Sees, Knows and

Cares For You

-.015.tiff -.016.tiff

I have said these things to you, that in Me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.—John 16:33 ESV

Psalm 91 gives us two great assurances:

2. God Will Preserve, Secure and Complete His Promise to You

-.017.tiff -.018.tiff

"It is impossible that any ill should happen to the man who is beloved of the Lord; the most crushing calamities can only shorten his journey and hasten him to his reward. Ill to him is not ill, but only good in a mysterious form. Losses can enrich him, sickness is his medicine, reproach is his honor, and death is his gain.

No evil in the strict sense of the word can happen to him, for everything is overruled for good. Happy is he who is in such a case. He is secure where others are in peril, he lives where others die."

—C. H. Spurgeon

-.019.tiff -.020.tiff

<sup>12</sup>Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. 13But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when His glory is revealed.

—I Peter 4:12-13 ESV

Psalm 91:14-16 God Himself Provides Absolute Assurance That

Nothing Can Separate You From His Love

-.021.tiff -.022.tiff

<sup>38</sup>For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, <sup>39</sup>nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

-Romans 8:38-39 FSV

Did we in our own strength confide, Our striving would be losing; Were not the right Man on our side, The Man of God's own choosing: Dost ask who that may be? Christ Jesus, it is He; Lord Sabaoth, His Name, From age to age the same, And He must win the battle. —Martin Luther

-.023.tiff -.024.tiff