

1 Kings 18-19

Simply Fi
Simplify Your Bible

-001.tiff

Summary

- There was a great famine—no water in Israel
1 Kings 17:1

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1 Kings 17:1
- Elijah was a prophet 1 Kings 18:1

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- Elijah meets Ahab, a wicked king with
a divided heart 1 Kings 18:17

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- There was a great famine—no water in Israel
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- Elijah was a prophet 1 Kings 18:1
- Elijah meets Ahab, a wicked king with
a divided heart 1 Kings 18:17
- Show down on Mt. Carmel 1 Kings 18:20-21

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¹⁶Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. ¹⁷Elijah was a man with a nature like ours, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. ¹⁸Then he prayed again, and heaven gave rain, and the earth bore its fruit.

James 5:16-18 ESV

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¹Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. ²Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." ³Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. ⁴But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O LORD, take away my life, for I am no better than my fathers."

1 Kings 19:1-4 ESV



"Your soul is like a battery that discharges each time you give life away, and it needs to be recharged regularly."

Wayne Cordeiro



-007.tiff

-008.tiff

The Problem of Depletion

- Long-term Stress



"The ministry is a matter which wears the brain and strains the heart, and drains out the life of a man if he attends to it as he should."

Charles H. Spurgeon



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-010.tiff

The Problem of Depletion

- Long-term Stress
- Great Loss



The Problem of Depletion

- Long-term Stress
- Great Loss
- Unresolved Problems



-011.tiff

-012.tiff

“Problems don’t destroy you.
Unresolved problems do.”

Wayne Cordeiro



-013.tiff

The Problem of Depletion

- Long-term Stress
- Great Loss
- Unresolved Problems
- Financial Pressures



-014.tiff

The Problem of Depletion

- Long-term Stress
- Great Loss
- Unresolved Problems
- Financial Pressures
- Performance Demands



-015.tiff

“Merely identifying something
is not the same as getting it
addressed or resolved.”

Wayne Cordeiro



-016.tiff

The Power of the Pit Stop



-017.tiff



-018.tiff

“Living well must be intentional.”

Wayne Cordeiro



-019.tiff

“Don’t work harder, live better and you will excel in everything you do.”

Wayne Cordeiro



-020.tiff

The Power of the Pit Stop

- Rest



-021.tiff

The Power of the Pit Stop

- Rest
- Retreat



-022.tiff

The Power of the Pit Stop

- Rest
- Retreat
- Read



-023.tiff

The Power of the Pit Stop

- Rest
- Retreat
- Read
- Recreation



-024.tiff

The Power of the Pit Stop

- Rest
- Retreat
- Read
- Recreation
- Relate

Simply Fi
Simplify Your Faith

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