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"If your soul is healthy,
no external circumstance can
destroy your life. If your soul
is unhealthy, no external
circumstance can redeem
your life." —Dallas Willard

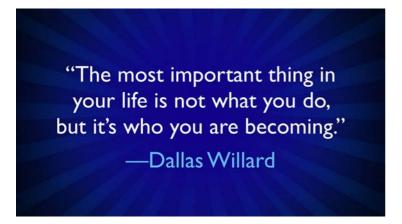
¹The LORD is my shepherd; I shall not want. ²He makes me lie down in green pastures. He leads me beside still waters. ³He restores my soul. He leads me in paths of righteousness for His name's sake. ⁴Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.

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⁵You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup overflows. ⁶Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever. —Psalm 23 ESV

"Our soul is like a stream of water, which gives strength, direction and harmony to every other area of life. When that stream is as it should be, we are constantly refreshed and exuberant in all we do, because our soul itself is then profusely rooted in the vastness of God and His kingdom, including nature; and all else within us is enlivened and directed by that stream." —Dallas Willard

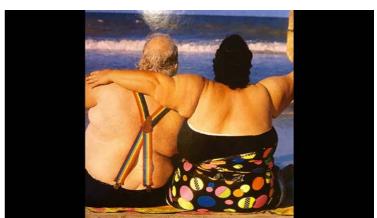
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I can...

- spend without being enslaved to debt.
- · lie without getting caught.
- lose my temper without damaging relationships.
- have a bad attitude at work and succeed.
- flirt with other women and have a great marriage.
- avoid disciplining my children and they won't be brats.
- neglect the Bible and still know God.



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"Confidence and comfort are in direct proportion to the source of your strength."

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The Bible is a "Soul Book"

Truly my soul finds rest in God; my salvation comes from Him.

Psalm 62:1 ESV

"Thou hast made us for thyself, O Lord, and our heart is restless until it finds its rest in thee." —Augustine

O God, you are my God; earnestly I seek You; my soul thirsts for You; my flesh faints for You, as in a dry and weary land where there is no water... ⁶when I remember You upon my bed, and meditate on You in the watches of the night; ⁷for You have been my help, and in the shadow of Your wings I will sing for joy. ⁸My soul clings to You; Your right hand upholds me.—Psalm 63:1, 6-8 ESV

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When the righteous cry for help, the LORD hears and delivers them out of all their troubles.

—Psalm 34:17 ESV

⁵The LORD is your keeper; the LORD is your shade on your right hand. ⁶The sun shall not strike you by day, nor the moon by night. ⁷The LORD will keep you from all evil; He will keep your life. ⁸The LORD will keep your going out and your coming in from this time forth and forevermore. —Psalm 121:5-8 ESV

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the LORD, and on His law he meditates day and night. ³He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. —Psalm 1:1-3 ESV

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⁵Keep your life free from love of money, and be content with what you have, for He has said, "I will never leave you nor forsake you." ⁶So we can confidently say, "The LORD is my helper; I will not fear; what can man do to me?" —Hebrews 13:5-6 ESV

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with My righteous right hand.—Isaiah 41:10 ESV

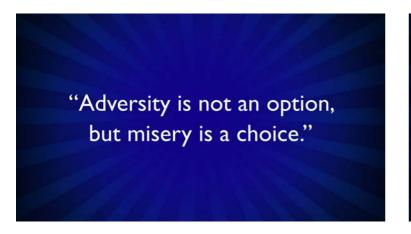


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So we do not lose heart.
Though our outer self is wasting away, our inner self is being renewed day by day.

—2 Corinthians 4:16 ESV

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