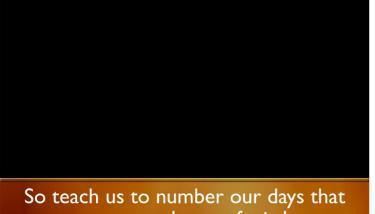


A Prayer of Moses
Psalm 90:12

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we may get a heart of wisdom.

—Psalm 90:12 ESV

-.003.tiff

A Prayer of Paul

I Thessalonians 5

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²³Now may the God of peace Himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. ²⁴He who calls you is faithful; He will surely do it.

—I Thessalonians 5:23-24 ESV

Justification is a state of being, as God counts us righteous in Jesus Christ.

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¹Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. ²Through Him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God.

-Romans 5:1-2 ESV

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"We are not justified on the basis of our sanctification; yet justification never takes place without sanctification beginning."

—Sinclair Ferguson

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body is a temple of the Holy Spirit within you, whom you have from God? You are not your own,

20 for you were bought with a price. So glorify God in your body.

—I Corinthians 6:19-20 ESV

Live Well in Your Body

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Do not present your members to sin as instruments for unrighteousness, but present

yourselves to God as those who

have been brought from death to

life, and your members to God

as instruments for righteousness.

—Romans 6:13 ESV

Sanctification is a process of becoming,

as God makes us more and more righteous in ourselves.

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"God wants you to give Him your body. That sounds very ordinary, but it's one of the most spiritual things you can do! If God is going to use you, He must have your body. When Jesus Christ came to earth to redeem us, He had to have a body.

In order to get His message of salvation to the world, Jesus Christ must have a body—the Church. God can use my fingers to write letters, He can use my feet to make visits. He can use my lips to speak the message of truth. That's why you should take good care of your body—it's the only tool you've got…

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God wants your body as a holy sacrifice, as a complete sacrifice to Him. Just as Jesus gave His body on the cross for you, God wants you to give your body on the altar for Him."

—Warren Wiersbe

Live Well in Your Soul

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Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.

—I Peter 2:11 ESV

"If your soul is healthy,
no external circumstance
can destroy your life.
If your soul is unhealthy,
no external circumstance
can redeem your life."

—Dallas Willard

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For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.—Romans 8:6 ESV

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"Grace is not only the pardon that passes

over our badness, it is also the power that produces our goodness." —John Piper

¹⁶So we do not lose heart.
Though our outer self is wasting away, our inner self is being renewed day by day. ¹⁷For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison,

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¹⁸as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

-2 Corinthians 4:16-18 ESV

For our sake He made Him to be sin who knew no sin, so that in Him we might become the righteousness of God.

—2 Corinthians 5:21 ESV

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