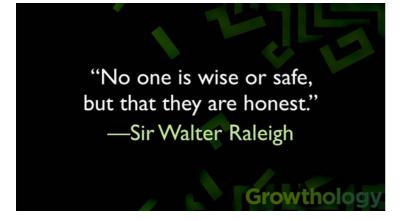


"Honesty is the best policy, but there are too few policy holders."

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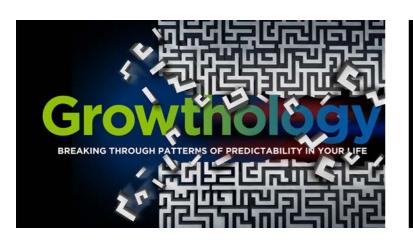


The integrity of the upright guides them, but the crookedness of the treacherous destroys them.

—Proverbs 11:3 ESV

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## 6 Critical Questions for Personal Growth: • What obstacles are you facing? • What opportunities are you missing? • What excuses are you using? • What resources are you neglecting? • What disciplines are you lacking? • What lies are you believing?

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"True fulfillment can never come from chasing other people's dreams. If you want to achieve lasting happiness, you need to design your life based on who you are. Then you can chase your own goals and objectives. When you are chasing your own goals, there is as much pleasure to be derived from the journey as there is to be derived from reaching your destination. Self-awareness is the first fundamental step in the personal development process."

—Carthage Buckley, Pursuing Excellence

"In serious personal growth work, the question of honesty is a crucial factor... In order for constructive change in personality to take place, a person must be prepared to question his or her established self-image... With greater personal honesty, change would be less complicated and easier to achieve, but that is the problem. It is this very lack of personal honesty—the presence of self-deception—that inhibits constructive growth and development." —John Lawson

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Growthology

Identify Three Growth-Inhibiting Practices

I. Dishonesty With Myself

» Integrity!

For if anyone thinks he is something, when he is nothing, he deceives himself. —Galatians 6:3 ESV

<sup>18</sup>Let no one deceive himself. If anyone among you thinks that he is wise in this age, let him become a fool that he may become wise. <sup>19</sup>For the wisdom of this world is folly with God. For it is written, "He catches the wise in their craftiness," <sup>20</sup>and again, "The LORD knows the thoughts of the wise, that they are futile." —I Corinthians 3:18-20 ESV

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12Therefore let anyone who thinks that he stands take heed lest he fall. 13No temptation has overtaken you that is not common to man. God is faithful, and He will not let you be tempted beyond your ability, but with the temptation He will also provide the way of escape, that you may be able to endure it.—I Corinthians 10:12-13 ESV

Self-indulgence is the greatest form of self-deception.

-.013.tiff -.014.tiff

Identify Three Growth-Inhibiting Practices

1. Dishonesty With Myself

2. Dishonesty With Others

» Credibility!

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Trusting in a treacherous man in time of trouble is like a bad tooth or a foot that slips.

—Proverbs 25:19 ESV

Growthology

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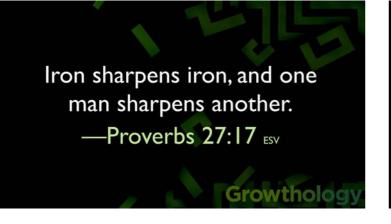
Trust-building comes from truth-telling.

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"The biggest 'act' of life is the monologue."

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Growtholog



Identify Three Growth-Inhibiting Practices

1. Dishonesty With Myself

2. Dishonesty With Others

3. Dishonesty With God

» Hypocrisy!

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<sup>9</sup>The heart is deceitful above all things, and desperately sick; who can understand it? <sup>10</sup>"I the LORD search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds."—Jeremiah 17:9-10 ESV

If we say we have no sin, we deceive ourselves, and the truth is not in us. —1 John 1:8 ESV

And He said to them, "You are those who justify yourselves before men, but God knows your hearts. For what is exalted among men is an abomination in the sight of God."

—Luke 16:15 ESV

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Verify Three Growth-Enabling Principles Verify Three Growth-Enabling Principles

I. Growth Requires Truth

» What is your truth source?

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## Verify Three Growth-Enabling Principles

- I. Growth Requires Truth
- 2. Truth Challenges Humility

» For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned.—Romans I2:3 ESV Where there is strife, there is pride, but wisdom is found in those who take advice.—Proverbs 13:10 NIV

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"People will tolerate honest mistakes, but if you violate their trust you will find it very difficult to ever regain their confidence. That is one reason you need to treat trust as your most precious asset. You may fool your boss, but you can never fool your colleagues or subordinates."

—Craig Weatherup, Chairman and CEO, Pepsico

Verify Three Growth-Enabling Principles

- I. Growth Requires Truth
- 2. Truth Challenges Humility
- 3. Humility Enables Honesty

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"No man can climb out beyond the limitations of their own character."
—John Morley