Good character is made up of four R's:

- I. Responsibility
- 2. Respect
- 3. Restraint
- 4. Resilience

"Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny."

—Ralph Waldo Emerson

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"Character is what separates great leaders—whether in sports, business or any other vocation—from the rest of the pack. Our character is in our own control. We build it, sustain it, or destroy it based on our choices. The choices we make daily prepare us for the bigger choices that will come when challenges arise. Those daily choices are the practice drills that form our habits of character."

—Coach Mike Krzyzewski

"The ability to accept responsibility is the measure of the man."

—Roy L. Smith

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Iron sharpens iron, and one man sharpens another.
—Proverbs 27:17 ESV

"Respect old people. They graduated high school without Google or Wikipedia."

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"Respect for ourselves guides our morals and respect for others guides our manners."
—Lawrence Sterne

Respect for...

• God is Foundational for Life

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In the beginning, God created the heavens and the earth.

—Genesis 1:1 ESV

The fear of the LORD is the beginning of knowledge; fools despise wisdom and instruction.—Proverbs 1:7 ESV

Is there anyplace I can go to avoid Your Spirit? to be out of Your sight? If I climb to the sky, You're there! If I go underground, You're there! If I flew on morning's wings to the far western horizon, You'd find me in a minute—You're already there waiting! Then I said to myself, "Oh, He even sees Me in the dark! At night I'm immersed in the light!" It's a fact: darkness isn't dark to You; night and day, darkness and light, they're all the same to You. —Psalm 139:7-12 MSG

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For a man's ways are before the eyes of the LORD, and He ponders all his paths.

—Proverbs 5:21 FSV

Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.—Proverbs 28:13 ESV

[The Lord] will bring to light the things now hidden in darkness and will disclose the purposes of the heart. Then each one will receive his commendation from God.

—I Corinthians 4:5b ESV

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## Respect for...

- · God is Foundational for Life
- Women is Essential for Men

"Remember not only to say
the right thing in the right
place, but far more difficult still,
to leave unsaid the wrong thing
at the tempting moment."

—Benjamin Franklin

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"With your wife,
respect is better than roses."

Live Learn
Look Lean
Listen Limit
Lift Lend

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## Respect for...

- God is Foundational for Life
- Women is Essential for Men
- Authority is Vital for the Common Good

"A child who is allowed to be disrespectful to his parents will not have true respect for anyone." —Billy Graham

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We ask you, brothers, to respect those who labor among you and are over you in the Lord and admonish you.

—Romans 13:7 ESV

...respect to whom respect is due, honor to whom honor is due.

—Romans 13:7b

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"Servants, be subject to your masters with all respect, not only to the good and gentle but also to the unjust."

—I Peter 2:18 ESV

...but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect.

—I Peter 3:15 ESV

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