

¹⁰I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. ¹¹Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.

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¹²I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. ¹³I can do all things through Him who strengthens me.

—Philippians 4:10-13 ESV

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“... to be free from care because of satisfaction with what is already one's own. The Hebrew means simply 'to be pleased.' The Greek brings out the full force of the word in 1 Timothy 6:8; Hebrews 13:5. Contentment (1 Timothy 6:6) is more inward than satisfaction; the former is a habit or permanent state of mind, the latter has to do with some particular occurrence or object.” —Dr. James Orr

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But if we have food and clothing, with these we will be content.

—1 Timothy 6:8 ESV

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Keep your life free from love of money, and be content with what you have, for He has said, “I will never leave you nor forsake you.”

—Hebrews 13:5 ESV

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But godliness with contentment is great gain. —1 Timothy 6:6 ESV

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“Covetousness and contentment cannot co-exist in our lives.”

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“The mystery of Christian contentment is the duty, glory and excellence of a Christian.” —Jeremiah Burroughs

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Contentment has more to do with what is happening in you than what is happening around you.

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... ⁴but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, ⁵beatings, imprisonments, riots, labors, sleepless nights, hunger; ⁶by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; ⁷by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left;

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⁸through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; ⁹as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; ¹⁰as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything. —2 Corinthians 6:4-10 ESV

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2 Contentment is something we develop, not something we discover.

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3

Contentment is developed
through gratitude, not gain.

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“Happiness is not getting what you
want in life; it is found in enjoying
what you have in life.”

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4

Contentment focuses on God’s
providence beyond my present.

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I can do all things through Him who
strengthens me. —Philippians 4:13 ^{ESV}

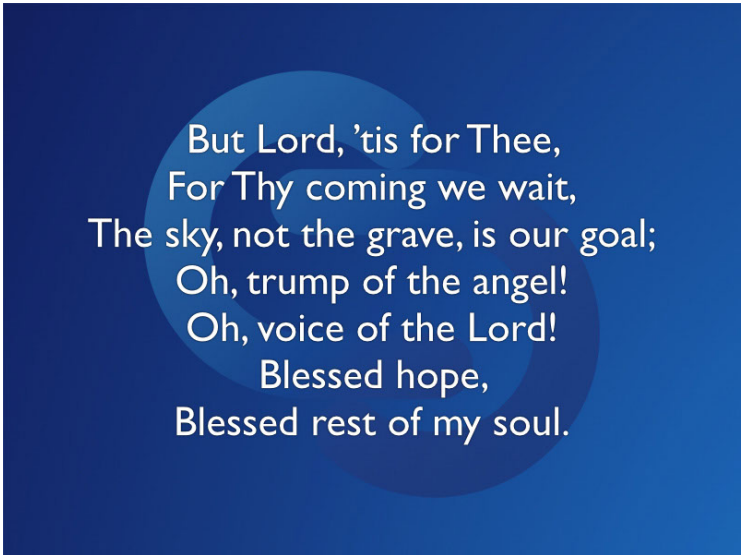
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For I know the plans I have
for you, declares the LORD,
plans for welfare and not for
evil, to give you a future and
a hope. —Jeremiah 29:11 ^{ESV}

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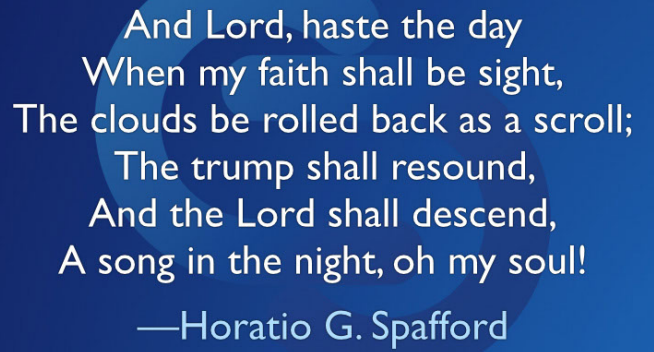
For me, be it Christ,
Be it Christ hence to live:
If Jordan above me shall roll,
No pang shall be mine,
For in death as in life,
Thou wilt whisper
Thy peace to my soul.

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But Lord, 'tis for Thee,
For Thy coming we wait,
The sky, not the grave, is our goal;
Oh, trump of the angel!
Oh, voice of the Lord!
Blessed hope,
Blessed rest of my soul.

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And Lord, haste the day
When my faith shall be sight,
The clouds be rolled back as a scroll;
The trump shall resound,
And the Lord shall descend,
A song in the night, oh my soul!
—Horatio G. Spafford

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