

A joyful heart is good medicine, but a crushed spirit dries up the bones.

—Proverbs 17:22 ESV

15And God said to Abraham,
"As for Sarai your wife, you shall
not call her name Sarai, but Sarah,
shall be her name. ¹⁶I will bless her,
and moreover, I will give you a son
by her. I will bless her, and she shall
become nations; kings of peoples
shall come from her."

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17Then Abraham fell on his face and laughed and said to himself, "Shall a child be born to a man who is a hundred years old? Shall Sarah, who is ninety years old, bear a child?"

—Genesis 17:15-17 ESV

²And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. ³I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed."

—Genesis 12:2-3 ESV

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'... 'Fear not, Abram, I am your shield; your reward shall be very great.' ²But Abram said,
 'O LORD God, what will You give me, for I continue childless...'

—Genesis 15:1-2 ESV

⁹They said to him, "Where is Sarah your wife?" And he said, "She is in the tent." ¹⁰The LORD said, "I will surely return to you about this time next year, and Sarah your wife shall have a son." And Sarah was listening at the tent door behind him.

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old, advanced in years. The way of women had ceased to be with Sarah. ¹²So Sarah laughed to herself, saying, "After I am worn out, and my lord is old, shall I have pleasure?" —Genesis 18:9-12 ESV

"Is anything too hard for the LORD? At the appointed time I will return to you, about this time next year, and Sarah shall have a son." —Genesis 18:14 ESV

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The LORD visited Sarah as He had said, and the LORD did to Sarah as He had promised. ²And Sarah conceived and bore Abraham a son in his old age at the time of which God had spoken to him. ³Abraham called the name of his son who was born to him, whom Sarah bore him, Isaac. —Genesis 21:1-3 ESV

 The promises of God are not limited or inhibited by time and circumstance.

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Is anything too hard for the LORD?

—Genesis 18:14 ESV

"There is nothing that lies beyond the reach of prayer, except that which lies outside the will of God." —Adrian Rogers

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⁸For My thoughts are not your thoughts, neither are your ways My ways, declares the LORD. ⁹For as the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts. —Isaiah 55:8-9 ESV

• The price of our laughter at God can be painful in the lives of others.

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• The power of God can and will prompt us to laugh when we see and

experience His goodness and grace.

⁶And Sarah said, "God has made laughter for me; everyone who hears will laugh over me." ⁷And she said, "Who would have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age."

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⁸And the child grew and was weaned. And Abraham made a great feast on the day that Isaac was weaned.

-Genesis 21:6-8 ESV