

“I Quit!”

⁶So we built the wall. And all the wall was joined together to half its height, for the people had a mind to work.

⁷But when Sanballat and Tobiah and the Arabs and the Ammonites and the Ashdodites heard that the repairing of the walls of Jerusalem was going forward and that the breaches were beginning to be closed, they were very angry. ⁸And they all plotted together to come and fight against Jerusalem and to cause confusion in it.

⁹And we prayed to our God and set a guard as a protection against them day and night.

¹⁰In Judah it was said, “The strength of those who bear the burdens is failing. There is too much rubble. By ourselves we will not be able to rebuild the wall.” —Nehemiah 4:6-10 ESV

Why? Why Do We Get Discouraged?

Why? Why Do We Get Discouraged?
Opposition and Resistance

“The doors of opportunity swing
on the hinges of opposition”

Satan's Strategy Include 3 Common Elements

Doubt - 4:1-3

Confusion - 4:7-9

Fear - 4:10-14

¹⁰Finally, be strong in the Lord and in the strength of his might. ¹¹Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹²For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

—Ephesians 6:10-12 ESV

When? When Do We Get Discouraged?

When? When Do We Get Discouraged?
Frustrated and Fatigued

“But soon word was going around
Judah, the builders are
pooped, the rubbish piles up, we’re in
over our heads, we can’t build this wall.”

— Nehemiah 4:10 MSG

¹⁶So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. ¹⁷For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, ¹⁸as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.—2 Corinthians 4:16-18 ESV

“Fatigue makes cowards of us all.”

—Vince Lombardi

What? What to Do When You're Discouraged?

What? What to Do When You're Discouraged?
Refocus and Renew

⁸ but God shows his love for us in that while we were still sinners, Christ died for us. ⁹ Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God.

—Romans 5:8-9 ESV

“Be at rest, God knows what you don’t know, He does what you can’t do and controls what you can’t control, not only for His glory but for your eternal good.”

—Paul David Tripp

¹²At that time the Jews who lived near them came from all directions and said to us ten times, “You must return to us.” ¹³ So in the lowest parts of the space behind the wall, in open places, I stationed the people by their clans, with their swords, their spears, and their bows.

—Nehemiah 4:12-13 ESV

“Satan wants our families because He wants the future.” —Tony Evans

I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world. -John 16:33 ESV