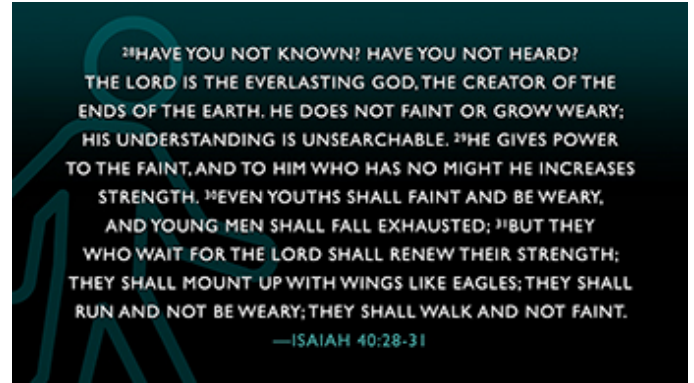




-.001.tiff



-.002.tiff



-.003.tiff



-.004.tiff



-.005.tiff



-.006.tiff

WHAT IS STRESS? "IT IS THE DISTANCE BETWEEN THE DEMANDS OF MY LIFE ON ONE SIDE AND MY CAPACITY TO MEET SUCH DEMANDS ON THE OTHER."

-.007.tiff

I. THE PROBLEM OF EXHAUSTED STRENGTH

• COMPETENCY & CONTROL

-.008.tiff

I. THE PROBLEM OF EXHAUSTED STRENGTH

• ISOLATION & INJURY

-.009.tiff

\*BE SOBER-MINDED; BE WATCHFUL. YOUR ADVERSARY THE DEVIL PROWLs AROUND LIKE A ROARING LION, SEEKING SOMEONE TO DEVOUR. \*RESIST HIM, FIRM IN YOUR FAITH, KNOWING THAT THE SAME KINDS OF SUFFERING ARE BEING EXPERIENCED BY YOUR BROTHERHOOD THROUGHOUT THE WORLD. — 1 PETER 5:8-9

-.010.tiff

RESUMES MARCH 9  
THURSDAYS, 6:30-7:30 A.M.  
SIMMONS HALL

FRIDAY, MARCH 10  
5:30-9:15 PM (BBQ DINNER)  
SATURDAY, MARCH 11  
8:00 AM - 12:30 PM (BREAKFAST)  
KEN BEVEL • DENNIS SWANBERG •  
SCOTT TURNER • COACH SHANE BEAMER •  
DR. ROBERT MORGAN

**MOMENTUM**  
FELLOWSHIP • DISCIPLESHIP • LEADERSHIP

RESUMES THURSDAY, MARCH 9  
8:30-7:30AM  
SIMMONS HALL

**MAN TO MAN**  
CONFERENCE  
MARCH 10 & 11

RESILIENCE

-.011.tiff

2. THE PRINCIPLE OF EXCHANGED STRENGTH

-.012.tiff

BUT THEY WHO WAIT FOR THE LORD SHALL RENEW THEIR STRENGTH;  
THEY SHALL MOUNT UP WITH WINGS LIKE EAGLES; THEY SHALL RUN AND  
NOT BE WEARY; THEY SHALL WALK AND NOT FAINT. —ISAIAH 40:31

-.013.tiff

HOW DO WE TAP INTO THIS EXCHANGED STRENGTH?  
• YOU NEED TO RECEIVE GOD'S GIFT OF EVERLASTING LIFE

-.014.tiff

<sup>1</sup>IN THE BEGINNING WAS THE WORD, AND THE WORD WAS WITH GOD, AND  
THE WORD WAS GOD. <sup>2</sup>HE WAS IN THE BEGINNING WITH GOD. <sup>3</sup>ALL THINGS  
WERE MADE THROUGH HIM, AND WITHOUT HIM WAS NOT ANY THING MADE  
THAT WAS MADE. <sup>4</sup>IN HIM WAS LIFE, AND THE LIFE WAS THE LIGHT OF MEN...

-.015.tiff

<sup>12</sup>BUT TO ALL WHO DID RECEIVE HIM, WHO BELIEVED IN HIS NAME,  
HE GAVE THE RIGHT TO BECOME CHILDREN OF GOD,  
<sup>13</sup>WHO WERE BORN, NOT OF BLOOD NOR OF THE WILL OF THE FLESH  
NOR OF THE WILL OF MAN, BUT OF GOD. —JOHN 1:1-4, 12-13

-.016.tiff

<sup>11</sup>AND THIS IS THE TESTIMONY, THAT GOD GAVE US ETERNAL LIFE,  
AND THIS LIFE IS IN HIS SON. <sup>12</sup>WHOEVER HAS THE SON HAS LIFE;  
WHOEVER DOES NOT HAVE THE SON OF GOD DOES NOT HAVE LIFE.

-.017.tiff

<sup>13</sup>I WRITE THESE THINGS TO YOU WHO BELIEVE IN THE NAME  
OF THE SON OF GOD, THAT YOU MAY KNOW THAT  
YOU HAVE ETERNAL LIFE. —1 JOHN 5:11-13

-.018.tiff

HOW DO WE TAP INTO THIS EXCHANGED STRENGTH?

• YOU NEED THE RENEWABLE RESOURCE  
OF THE HOLY SPIRIT

-.019.tiff

<sup>16</sup>SO WE DO NOT LOSE HEART. THOUGH OUR OUTER SELF IS  
WASTING AWAY, OUR INNER SELF IS BEING RENEWED  
DAY BY DAY. <sup>17</sup>FOR THIS LIGHT MOMENTARY AFFLICTION IS PREPARING  
FOR US AN ETERNAL WEIGHT OF GLORY BEYOND ALL COMPARISON.

-.020.tiff

<sup>18</sup>AS WE LOOK NOT TO THE THINGS THAT ARE SEEN BUT TO THE THINGS  
THAT ARE UNSEEN. FOR THE THINGS THAT ARE SEEN ARE TRANSIENT,  
BUT THE THINGS THAT ARE UNSEEN ARE ETERNAL.  
—2 CORINTHIANS 4:16-18

-.021.tiff

HOW DO WE TAP INTO THIS EXCHANGED STRENGTH?

• YOU NEED THE RELIABLE CHARGE OF SCRIPTURE

-.022.tiff

FOR THE WORD OF GOD IS LIVING AND ACTIVE, SHARPER THAN ANY  
TWO-EDGED SWORD, PIERCING TO THE DIVISION OF SOUL AND OF SPIRIT,  
OF JOINTS AND OF MARROW, AND DISCERNING THE THOUGHTS  
AND INTENTIONS OF THE HEART. —HEBREWS 4:12

-.023.tiff

3. THE PROMISE OF ENDURING STRENGTH

-.024.tiff

NOTE GOD'S AFFIRMATIONS AND ASSURANCES

• ELEVATION

-.025.tiff

NOTE GOD'S AFFIRMATIONS AND ASSURANCES

• ACCELERATION

-.026.tiff

NOTE GOD'S AFFIRMATIONS AND ASSURANCES

• CONTINUATION

-.027.tiff

<sup>21</sup>THE STEPS OF A MAN ARE ESTABLISHED BY THE LORD, WHEN HE  
DELIGHTS IN HIS WAY; <sup>24</sup>THOUGH HE FALL, HE SHALL NOT BE CAST  
HEADLONG, FOR THE LORD UPHOLDS HIS HAND. —PSALM 37:23-24

— *Don't lose hope or heart!* —

-.028.tiff

WHEN GOD WANTS TO DRILL A MAN, AND THRILL A MAN, AND SKILL A MAN,  
WHEN GOD WANTS TO MOLD A MAN TO PLAY THE NOBLEST PART;  
WHEN HE YEARNS WITH ALL HIS HEART TO CREATE SO GREAT AND BOLD A MAN  
THAT ALL THE WORLD SHALL BE AMAZED, WATCH HIS METHODS, WATCH HIS WAYS!

HOW HE RUTHLESSLY PERFECTS WHOM HE ROYALLY ELECTS!

HOW HE HAMMERS HIM AND HURTS HIM,

AND WITH MIGHTY BLOWS CONVERTS HIM

INTO TRIAL SHAPES OF CLAY WHICH ONLY GOD UNDERSTANDS;

WHILE HIS TORTURED HEART IS CRYING AND HE LIFTS BESEECHING HANDS!

HOW HE BENDS BUT NEVER BREAKS WHEN HIS GOOD HE UNDERTAKES;

HOW HE USES WHOM HE CHOOSES, AND WHICH EVERY PURPOSE FUSES HIM;

BY EVERY ACT INDUCES HIM TO TRY HIS SPLENDOR OUT—

GOD KNOWS WHAT HE'S ABOUT. —ANONYMOUS

-.029.tiff